# Data table – Languages other than English survey

## Data notes

* Figures have been rounded to the nearest percentage point and values less than 1% are shown as <1%.
* Open ended questions have not been included in this analysis.
* Across the survey, the questions were optional and not every survey question or demographic question was answered by all respondents. As a result, base numbers vary and are presented for each question.
* The sum of questions responses does not always add to 100% due to rounding.
* Multiple choice questions will not add to 100% and are marked with an asterisk (\*).

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| **Question and response categories** | **All (%)** |
| ***Q2.1. What sex were you assigned at birth?*** |  |
| ***All (n)*** | ***132*** |
| *Female* | 94% |
| *Male* | 5% |
| *Prefer not to say* | n≤5 |
|  |  |
| ***Q4. 2. What is your gender identity?*** |  |
| ***All (n)*** | ***132*** |
| *Woman* | 97% |
| *Man* | n≤5 |
| *Prefer not to say* | n≤5 |
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| ***Q6. 3. Do you identify as LGBTQIA+?*** |  |
| ***All (n)*** | ***132*** |
| *Yes* | 6% |
| *No* | 78% |
| *Prefer not to say* | 5% |
| *Don't know* | 11% |
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| ***Q8. 5. What is your age range?*** |  |
| ***All (n)*** | ***132*** |
| *18-29 years* | 10% |
| *30 - 39 years* | 42% |
| *40 - 49 years* | 23% |
| *50 - 59 years* | 20% |
| *60 - 69 years* | 5% |
|  |  |
| ***Q9. 6. Are you Aboriginal and/or Torres Strait Islander?*** |  |
| ***All (n)*** | ***132*** |
| *Yes* | n≤5 |
| *No* | 98% |
| *Prefer not to say* | n≤5 |
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| ***Q10. 7. Are you identified as a culturally and linguistically diverse person?*** |  |
| ***All (n)*** | ***132*** |
| *Yes* | 84% |
| *No* | 9% |
| *Prefer not to say* | n≤5 |
| *Don't know* | n≤5 |
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| ***Q11. 8. What cultural background or ethnicity do you identify with?\**** |  |
| ***All (n)*** | ***132*** |
| *Chinese* | 24% |
| *Turkish* | 17% |
| *Australian* | 11% |
| *Arab* | 10% |
| *Vietnamese* | 9% |
| *Italian* | 7% |
| *Indian* | 5% |
| *Greek* | 4% |
| *Hong Konger* | n≤5 |
| *Egyptian* | n≤5 |
| *Hazara* | n≤5 |
| *Khmer* | n≤5 |
| *Taiwanese* | n≤5 |
| *Afghani* | n≤5 |
| *Iraqi* | n≤5 |
| *Jordanian* | n≤5 |
| *Kurdish* | n≤5 |
| *Lebanese* | n≤5 |
| *Palestinian* | n≤5 |
| *Syrian* | n≤5 |
| *Prefer not to say* | 6% |
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| ***Q13. 9. Are you a person living with a disability?*** |  |
| ***All (n)*** | ***132*** |
| *Yes* | 6% |
| *No* | 89% |
| *Prefer not to say* | n≤5 |
| *Don't know* | n≤5 |

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| ***Language the survey was completed in*** |  |
| ***All (n)*** | ***132*** |
| *Arabic* | 20% |
| *Chinese* | 28% |
| *Greek* | n≤5 |
| *Hazaragi* | n≤5 |
| *Italian* | 7% |
| *Khmer* | n≤5 |
| *Punjabi* | 5% |
| *Turkish* | 20% |
| *Vietnamese* | 10% |
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| ***Q17. 3. Where is your pain?\**** |  |
| ***All (n)*** | ***132*** |
| *Abdominal pain* | 50% |
| *Lower limb* | 34% |
| *Upper limb* | 34% |
| *Upper back* | 34% |
| *Pelvic area* | 33% |
| *Neck* | 18% |
| *Head and face* | 17% |
| *Widespread pain* | 11% |
| *Chest* | 8% |
| *Lower back* | 8% |
| *Radiating pain* | n≤5 |
|  |  |
| ***Q18. 4. Please rate your most pain out of 10*** |  |
| ***All (n)*** | ***131*** |
| *0 (No pain)* | n≤5 |
| *1* | n≤5 |
| *2 (Mild)* | n≤5 |
| *3* | 5% |
| *4 (Moderate)* | n≤5 |
| *5* | 5% |
| *6 (Severe)* | 9% |
| *7* | 22% |
| *8 (Very Severe)* | 28% |
| *9* | 14% |
| *10 (Worst Pain Possible)* | 12% |

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| ***Q19. 5. How long have you experienced the pain?*** |  |
| ***All (n)*** | ***132*** |
| *Less than a week* | 11% |
| *Several weeks* | n≤5 |
| *1-3 months* | 11% |
| *More than 3 months, less than one year* | 9% |
| *Many years* | 64% |
| *Prefer not to say* | n≤5 |
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| ***Q20. 6. When was the last time you experienced pain?*** |  |
| ***All (n)*** |  |
| *Today* | 38% |
| *Within the past week* | 31% |
| *More than 1 week, but less than a month ago* | 17% |
| *1-3 months ago* | 8% |
| *4-6 months ago* | n≤5 |
| *6-12 months ago* | n≤5 |
| *More than 12 months ago* | n≤5 |
| *I’m not sure* | n≤5 |
| *Prefer not to say* | n≤5 |
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| ***Q21. 7. On average, how often do you experience pain?*** |  |
| ***All (n)*** |  |
| *Constantly* | 23% |
| *Several times a day* | 14% |
| *Once a day* | 6% |
| *Several times a week* | 15% |
| *Once a week* | n≤5 |
| *Several times a month* | 18% |
| *Once a month* | 16% |
| *Several times a year* | n≤5 |
| *Prefer not to say* | n≤5 |

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| ***Q23.8. What are other associated symptoms with your pain?\**** |  |
| ***All (n)*** | ***132*** |
| *Fatigue* | 67% |
| *Weakness* | 42% |
| *Bloating* | 42% |
| *Numbness* | 34% |
| *Nausea* | 29% |
| *Feeling cold* | 27% |
| *Constipation* | 26% |
| *Pins and needles* | 21% |
| *Stiffness* | 17% |
| *Diarrhoea* | 17% |
| *Feeling hot* | 12% |
| *Vomiting* | 12% |
| *Changes to your vision* | 9% |
| *Numbness in hands and feet* | 9% |
| *Urinary symptoms* | 8% |
| *Swelling* | 8% |
| *Other* | 5% |
| *No other symptoms* | 11% |
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| ***Q26. Please rate how much pain impacts the following parts of your life and wellbeing from 0 (not at all) to 10 (severely): Family and home activities: e.g. cooking, cleaning, getting to and from activities.*** | |
| ***All (n)*** | ***132*** |
| *0* | 5% |
| *1* | n≤5 |
| *2* | n≤5 |
| *3* | 9% |
| *4* | 8% |
| *5* | 14% |
| *6* | 11% |
| *7* | 11% |
| *8* | 16% |
| *9* | 8% |
| *10* | 14% |

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| ***Q27. Please rate how much pain impacts the following parts of your life and wellbeing from 0 (not at all) to 10 (severely): Recreational leisure, hobbies e.g., participation in sports and clubs*** | |
| ***All (n)*** | ***132*** |
| *0* | 11% |
| *1* | 6% |
| *2* | 6% |
| *3* | 8% |
| *4* | 5% |
| *5* | 11% |
| *6* | 9% |
| *7* | 8% |
| *8* | 10% |
| *9* | 11% |
| *10* | 15% |
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| ***Q28. Please rate how much pain impacts the following parts of your life and wellbeing from 0 (not at all) to 10 (severely): Social activities: e.g., participating with friends, family, religious, community groups*** | |
| ***All (n)*** | ***132*** |
| *0* | 11% |
| *1* | 5% |
| *2* | 7% |
| *3* | 11% |
| *4* | 7% |
| *5* | 11% |
| *6* | 7% |
| *7* | 11% |
| *8* | 11% |
| *9* | 10% |
| *10* | 8% |

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| ***Q29. Please rate how much pain impacts the following parts of your life and wellbeing from 0 (not at all) to 10 (severely): Paid employment /studying/volunteering: e.g., working, school/TAFE/university, community activities*** | |
| ***All (n)*** | ***128*** |
| *0* | 9% |
| *1* | n≤5 |
| *2* | 6% |
| *3* | 8% |
| *4* | 5% |
| *5* | 6% |
| *6* | 13% |
| *7* | 11% |
| *8* | 12% |
| *9* | 9% |
| *10* | 18% |
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| ***Q31. Please rate how much pain impacts the following parts of your life and wellbeing from 0 (not at all) to 10 (severely): Daily self-care, e.g., bathing, personal care and dressing*** | |
| ***All (n)*** | ***131*** |
| *0* | 17% |
| *1* | 5% |
| *2* | 9% |
| *3* | 10% |
| *4* | 8% |
| *5* | 16% |
| *6* | 8% |
| *7* | n≤5 |
| *8* | 10% |
| *9* | 5% |
| *10* | 7% |
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| ***Q32. 10. Has your mental health been impacted due to your pain?*** |  |
| ***All (n)*** | ***130*** |
| *Yes* | 63% |
| *No* | 30% |
| *Prefer not to say* | 7% |

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| ***Q33. 11. Over the past month how often have you experienced the following because of your pain: Little interest or pleasure doing things*** | |
| ***All (n)*** | ***75*** |
| *Nearly every day* | 16% |
| *More than half the days* | 23% |
| *Several days* | 52% |
| *Not at all* | 9% |
|  |  |
| ***Q34. 11. Over the past month how often have you experienced the following because of your pain: Feeling down, depressed, or hopeless*** | |
| ***All (n)*** | ***78*** |
| *Nearly every day* | 24% |
| *More than half the days* | 19% |
| *Several days* | 44% |
| *Not at all* | 13% |
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| ***Q35. 11. Over the past month how often have you experienced the following because of your pain: Having problems going to bed or falling asleep. Or sleeping too much*** | |
| ***All (n)*** | ***78*** |
| *Nearly every day* | 28% |
| *More than half the days* | 22% |
| *Several days* | 36% |
| *Not at all* | 14% |
|  |  |
| ***Q36. 11. Over the past month how often have you experienced the following because of your pain: Feeling tired or having little energy*** | |
| ***All (n)*** | ***78*** |
| *Nearly every day* | 32% |
| *More than half the days* | 27% |
| *Several days* | 35% |
| *Not at all* | n≤5 |
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| ***Q37. 11. Over the past month how often have you experienced the following because of your pain: Poor appetite or over eating*** | |
| ***All (n)*** | ***71*** |
| *Nearly every day* | 25% |
| *More than half the days* | 20% |
| *Several days* | 34% |
| *Not at all* | 21% |

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| ***Q38. 11. Over the past month how often have you experienced the following because of your pain: Feeling bad about yourself*** | |
| ***All (n)*** | ***75*** |
| *Nearly every day* | 25% |
| *More than half the days* | 17% |
| *Several days* | 36% |
| *Not at all* | 21% |
|  |  |
| ***Q39. 11. Over the past month how often have you experienced the following because of your pain: Having trouble concentrating on things*** | |
| ***All (n)*** | ***75*** |
| *Nearly every day* | 21% |
| *More than half the days* | 21% |
| *Several days* | 48% |
| *Not at all* | 9% |
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| ***Q48. 12. Have you sought help from a professional or service provider to assist you in managing your pain?*** |  |
| ***All (n)*** | ***132*** |
| *Yes* | 57% |
| *No* | 41% |
| *Prefer not to say* | n≤5 |
|  |  |
| ***Q49 & 50. If No, what has stopped you from seeking help?\**** |  |
| ***All (n)*** | ***54*** |
| *I didn’t understand what services could support me* | 63% |
| *I did not know what services were available* | 52% |
| *I can’t afford help* | 48% |
| *I can self-manage* | 28% |
| *It felt too hard to get the support I needed* | 20% |
| *I don’t want side effects of treatment* | 19% |
| *My pain is not too bad* | 19% |
| *I don’t think my pain is treatable* | 19% |
| *I can’t get to a service provider for help* | 11% |
| *My caregiving responsibilities get in the way* | 11% |
| *Too busy to get help/Don’t have time* | 9% |
| *Others discouraged me from seeking help* | n≤5 |
| *My pain decreased so I didn’t require help* | n≤5 |
| *I dislike treatment* | n≤5 |
| *Other* | 35% |

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| ***Q51. 14. If Yes, who have you sought help from?\**** |  |
| ***All (n)*** | ***75*** |
| *A General Practitioner (GP)* | 88% |
| *Physical therapies* | 29% |
| *Complementary therapies* | 21% |
| *Physiotherapy* | 19% |
| *Public hospital* | 13% |
| *Psychologist* | 11% |
| *Exercise group* | 11% |
| *Pharmacy* | 9% |
| *Specialist pain clinic* | 9% |
| *Sexual and reproductive hub/clinic* | n≤5 |
| *Community support group/s* | n≤5 |
| *Occupational Therapist* | n≤5 |
| *Providers of physical therapies* | n≤5 |
| *Mental health or counselling service* | n≤5 |
| *Other* | 12% |
|  |  |
| ***Q53. 15. When it has worked well, what assisted you to seek advice or support for your pain?\**** | |
| ***All (n)*** | ***132*** |
| *I knew who, what or how to ask for advice/further information* | 29% |
| *I felt comfortable discussing my symptoms or medical condition* | 20% |
| *I was able to afford the advice or support I needed* | 17% |
| *I was able to seek advice or support close to home* | 15% |
| *I had access to the internet to find information* | 15% |
| *I had the time to seek advice or support* | 14% |
| *I thought my pain-related symptoms would be taken seriously* | 12% |
| *I was able to travel to get advice or support* | 11% |
| *I was encouraged and supported by friends or family to seek help* | 10% |
| *Other* | n≤5 |
| *Prefer not to say* | 5% |
|  |  |
| ***Q55. 16. Did you experience any of the following challenges with accessing the above services?\**** | |
| ***All (n)*** | ***132*** |
| *Cost being too high* | 45% |
| *Long wait times* | 39% |
| *Being ignored or dismissed* | 20% |
| *Delayed diagnosis* | 18% |
| *Misdiagnosis* | 15% |
| *Lack of cultural safety* | 9% |
| *Sexism or misogyny* | n≤5 |
| *Other* | 13% |
| *Didn't experience challenges* | 18% |